

Dear Fusion Parents,

The 2023 Fusion Football Season is finally here we are looking forward to a great season of learning, playing and having fun.

2023 coaching staff is myself as Head Coach and my assistant is Coach Jim Miller.

FIRST DAY OF PRACTICE FRIDAY AUGUST 11<sup>th</sup>, 2023 –

Lambert – 6:30am – 8:30am

GEAR NEEDED – completed sports physical form, concussion form signed, 2 water bottles labeled with names that athletes are in charge of (see below), shorts, shirts, cleats and a GREAT ATTITUDE!

WATER –The athletes are RESPONSIBLE for bringing their own labeled water bottles and can be refilled during practice if needed by the athlete.

The start of the first practice will be going over the rules and expectations for the season.

DRESS CODE

AWAY GAMES: Dress clothes NO jeans.

HOME GAMES: Jersey's with nice jeans.

2<sup>nd</sup> practice Saturday August 12<sup>th</sup>, 2023 –

Lambert– 6:30am – 8:30am

GEAR NEEDED – Water, shorts, shirts, cleats and a GREAT ATTITUDE!

PRACTICE SCHEDULE:

Monday August 14<sup>th</sup> - after school - practices will be held in Lambert this week.

TEAM PHILOSOPHY:

T = Toughness

E = Effort

A = Attitude

M = Minds

Coach Jim Miller and I are looking forward to a great year and continuing the great program that the Fusion have established and with your help and amazing support we will accomplish great things!

Sincerely, Coach Brock Miller